



The following are Energetic Juniors In-Home Personal Training/Park program options and rates. Contact us today and we can customize a program to meet your child's needs and goals.

### **One-On-One Training**

- **4 Session Jump Start Program:** .....\$130/session
- **10 Session Program:** .....\$125/session

### **Semi-Private Training (2 children, price per child)**

- **4 Session Program:** ..... \$85/session
- **10 Session Program:** ..... \$80/session

### **Small group training (4 children) \$50 per child**

### **Family Fit Program (3-4 family members) \$170 Per Session**

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#### **Program Details:**

**Cancellation of sessions must be received at least 24 hours in advance.**

- All sessions are 45 to 60 minutes in length.
- There is a one-time registration fee of \$60.00
- Sessions are payable in advance by check or credit card.

**Sessions are non-refundable, but any family member can complete the program. Sessions must be used within six months from date of purchase.**

**Please call 212-879-1566, visit our website ([www.energeticjuniors.com](http://www.energeticjuniors.com)), or email [bonita@energeticjuniors.com](mailto:bonita@energeticjuniors.com) if you have any questions.**