



The following are Energetic Juniors In-Home Personal Training/Park program options and rates. Contact us today and we can customize a program to meet your child's needs and goals.

One-On-One Training

- **4 Session Jump Start Program:**.....\$130/session
- **10 Session Program:**.....\$125/session

Semi-Private Training (2 children, price per child)

4 Session Program:..... \$85/session

Small group training (4 children) \$50 per child

Family Fit Program (3-4 family members) \$170 Per Session

Program Details:

Cancellation of sessions must be received at least 24 hours in advance.

- All sessions are 45 to 60 minutes in length.
- There is a one-time registration fee of \$60.00
- Sessions are payable in advance by check or credit card.

Sessions are non-refundable, but any family member can complete the program. Sessions must be used within six months from date of purchase.

Please call 212-879-1566, visit our website (www.energeticjuniors.com), or email bonita@energeticjuniors.com if you have any questions.